

# **VasectomyCenter – Seattle \* Eastside**

*Specializing in No-Needle No-Scalpel Vasectomy*

**Wayne D. Weissman, MD**

Swedish Issaquah Campus & Swedish Greenlake Clinic  
(425) 394-0773 [www.VasectomyClinic.com](http://www.VasectomyClinic.com)

## **POST VASECTOMY SEMEN SPECIMEN DIRECTIONS**

**5:30 pm - 8 pm on Fridays**

**8:30 am – Noon on Saturdays**

**Only one clinic will check specimens each weekend that we are open. You will need to call to see if we are at the Swedish Greenlake or Swedish Issaquah office before bringing in a sample.**

The clinic is available to view vasectomy specimens ONLY from 5:30 to 8 pm on Friday evenings and 8:30 am - Noon on Saturdays. No one will be available to check semen samples at other times. We will try to call you on the same day that we receive the specimen.

**Semen specimens should be collected in tightly sealed containers.** We will provide you with two containers when you leave our clinic following your vasectomy. You do not have to use these specific containers and any small jar or sealed container, such as a baby food jar is adequate. You are free to return to the clinic to obtain more containers. Please bring the labeled containers in a labeled paper bag.

**We will not accept specimens delivered in condoms, Ziploc or any plastic bags.** Each jar should be labeled with the date, your name, birthdate and approximate time the specimen was collected. Your name should be on both the container and the bag. Otherwise, once separated there may be no way of identifying the contents. Semen samples should be delivered to the clinic within a day of ejaculation. The first specimen should be brought in after approximately 12 ejaculations and **not** before 6 weeks after the vasectomy. If a specimen is negative for sperm (no sperm are seen) the next semen specimen can be brought in at any time. If sperm are still present, you should wait at least two weeks before bringing in another sample. You will need two consecutive **negative** (no sperm) specimens to be considered sterile.

**PLEASE: You MUST continue to use whatever form of birth control you and your partner are using until we confirm that you are sterile.**