

VasectomyCenter – Seattle * Eastside

Specializing in No-Needle No-Scalpel Vasectomy

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Swedish Issaquah Campus & Swedish Greenlake Clinic

(425) 394-0773 www.VasectomyCenter.com

PRE-OPERATIVE INSTRUCTIONS FOR VASECTOMY

Please read the consent form carefully before signing. It needs to be signed and brought to us before the vasectomy can be performed.

No aspirin or aspirin containing products for 7-10 days prior to your vasectomy. No anti-inflammatory products for 7 days prior to your vasectomy including ibuprofen (Advil), and naproxen (Aleve). You may take acetaminophen (Tylenol) at anytime.

1. **Morning of the vasectomy SHAVE ALL HAIR FROM THE UPPER SCROTUM.** You should lather the scrotum with soap and water and shave with a disposable razor. Begin at the base of the shaft and carry the shave downward. The area shaved should measure about 2-3 inches in diameter. Be certain to rinse all loose hairs from the skin.
2. Supportive underwear is important. Wear jockey shorts or boxer briefs only.
3. If possible, bring someone who can drive you home.
6. Refrain from eating or drinking for two hours before your vasectomy.
7. Be prepared with an ice pack (frozen peas or Ziploc bag with ice) and an anti-inflammatory (Advil or Aleve) for when you return home.

